**Name:** Andrea MacMurray **Grade:** Older Preschool

**Subject Area:** Physical Development **Specific Topic:** Feet Painting

**Length of Time:** 10 minutes **Date Taught**: 4/4/11

**Purpose**: For the children to experience painting with their feet.

**Curriculumn Standards:**

NH Early Learning Guidelines

Physical Development

Body Awareness and control: children’s ability to gather information with their senses to gain knowledge of their bodies, including balance and increasing control of actions.

**Objectives**:

1. The children will exhibit balance and control while dipping their feet in paint and walking on paper.

**Background Knowledge Needed:** We will be creating a large display of the children’s feet painting for the week of young child. The display will be hanging in Ted’s Shoe and Sport Store window. We have decided to paint with our feet in hopes that the children through discussion will make the connection of we are making a painting with our feet for a shoe store. Prior to doing this activity I will need to know have the children painted with their feet before. Which children participate in sensory activities and which do not? Will the ones that usually do not paint participate because painting with feet is something new?

**Materials Needed:**

1. Paint
2. Paint brushes
3. Paper
4. Chairs
5. Towels
6. Buckets of water

**Student Grouping**: Open during choice time. 2-4 at a time.

**Preparation for Experience:**

1. Lay paper on the floor and tape it down
2. Pour paint into shallow plates and put paint brushes in it
3. Set up two chairs on each side. One for taking off shoes, and the other for rinsing feet off.

**Outline of Experience:**

**Introduction**: We are going to paint with our feet today! We have a long piece of paper laid out on the floor and we all are going to take turns painting our feet and walking on the paper. What sort of things can you do with your feet? (Record their answers)

**Body of the Lesson:** You would like to experience painting with your feet? Sure sit down in these chairs and take off your shoes. I am going to paint your feet now. It is important that you paint the paper. We are not walking around the room with our painted feet. I see that you are walking up and down the paper. How does it feel on the bottom of your feet, or in between your toes?

**Conclusion**: You are all done? How about you sit down on those chairs and I will help you to rinse off your feet. Now your feet are all clean, you need to put your shoes on.

**Assessment Plan**: I will be able to see if my objectives have been met by my anecdotal notes of who answered the question of ‘What can you do with your feet?’ I will be taking pictures during the experience, which will depict who met my physical objective of body awareness. The photograph will show if the child was able to balance and control their body in slippery conditions such as paint walking.

**Child Guidance/Classroom Management Plan**: This activity could get crazy but that is why I would limit the amount of children taking part at one time. It will be messy but that’s where the learning happens. The children are feeling the paint on their feet and how that effects there traction when walking on the paper. I will have one or two students walking on the paper at one time so that they are not bumping into each other. Chairs will be set up one place to take off shoes and the other to wash their feet. That will help because other children can sit, watch, and wait for their turn if they wish.

**Adaptions and Modifications**: There are no specific modifications. Each child is going to take this activity to where they want to go. Some are going to love the way it feels and hope to continue it for a long time, others are going to touch it and quickly want to wash their feet, and some are going to be in between.

**Extension Plan**: The children could extend this into exploring what painting feels like with different body parts, such as hands, legs, stomachs, backs, heads, and whole bodies. That would be an extremely messy activity best to do it outside when it’s maybe summer. In the classroom the children could explore other materials on their feet shaving cream, play dough, sand, rocks, and rice.